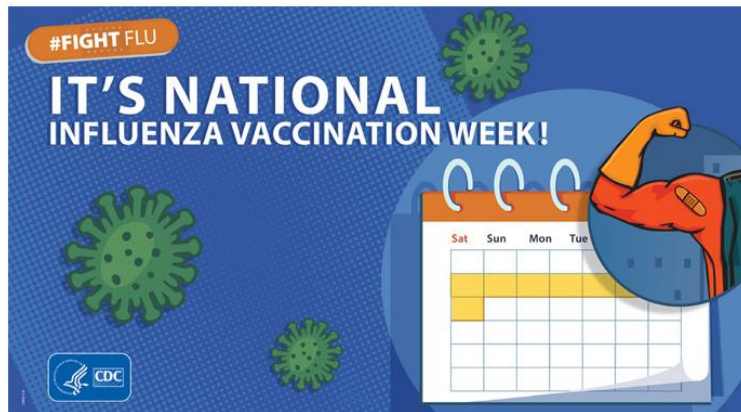


November 26, 2019

## MAKE YOUR HOLIDAYS FLU-FREE: NO-COST FLU SHOTS AT DOH-PINELLAS DEC. 4



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Get an early start on healthy holidays—at no cost to you. To celebrate [National Influenza Vaccination Week](#), Dec. 1-7, the Florida Department of Health in Pinellas County (DOH-Pinellas) will provide flu vaccines at no cost on **Wednesday, Dec. 4.**

Clinics are open from 7:30 a.m. to 5 p.m. for no-cost flu vaccines that day only. No appointments are necessary. The usual fee for a flu

vaccine ranges from \$30 to \$65 for the high dose one for seniors. For infants, children and youth through the age of 18, the flu vaccine is always provided at no cost.

Get your no-cost flu vaccine on Dec. 4 at these DOH-Pinellas clinics:

- **St. Petersburg:** 205 Dr. Martin Luther King Jr. St. N.
- **Pinellas Park:** 6350 76<sup>th</sup> Ave. N.
- **Mid-County:** 8751 Ulmerton Rd., Largo
- **Clearwater:** 310 N. Myrtle Ave.
- **Tarpon Springs:** 301 S. Disston Ave.

The Centers for Disease Control marks the annual observance each December to time it with holiday celebrations. It takes about two weeks after the flu vaccine to build immunity, so now's a great time to get one at no cost before it's time for parties and gatherings in December. The flu vaccine is recommended for everyone from the age of six months on. Pregnant women should get the vaccine for protection, as should families with infants too young to receive the vaccine.

For information about DOH-Pinellas, go to [www.PinellasHealth.com](http://www.PinellasHealth.com) and follow us on Twitter @HealthyPinellas.

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## About the Florida Department of Health

The department, nationally accredited by the [Public Health Accreditation Board](#), works to protect, promote and improve the health of all people in Florida through integrated state, county and community efforts.

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